**Anaphylaxis risk management plan template for schools**

Applies to students and staff at risk of anaphylaxis.

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| **Areas for risk management** | **Current status** | **Actions required** |
| *Contract with solid fill***ANAPHYLAXIS MANAGEMENT POLICY** | | |
| * Has your anaphylaxis management policy been reviewed within the last two years? * Date of last review: | Yes  No | *e.g. Implement a new policy (*[*Sample anaphylaxis management policy for schools available*](https://allergyaware.org.au/schools)*) or review existing anaphylaxis management policy* |
| * Does your policy include:   + Identifying students at risk   + Allergy documentation   + Prescribed and general use adrenaline (epinephrine) injectors   + Staff training   + Risk management and risk minimisation   + Communication plan   + Peer education   + Emergency response plan   + Incident reporting | Yes  No | *e.g. review and update policy (*[*Sample anaphylaxis management policy for schools available*](https://allergyaware.org.au/schools)*)* |
| **Warning with solid fillRISK MINIMISATION** | | |
| * Has the school identified appropriate risk minimisation strategies to be implemented? * Where is this information documented? | Yes  No | *e.g. Arrange meetings with parents of students with allergies to discuss and document risk minimisation strategies*  [*Examples of risk minimisation strategies for schools*](https://allergyaware.org.au/schools) *available* |
| * How are the risk minimisation strategies communicated to staff? * When are staff informed of changes to risk minimisation strategies? |  | *e.g. Staff have been informed about risk minimisation strategies at staff meetings and staff have access to the individualised anaphylaxis care plans* |
| * Do you have appropriate risk minimisation strategies in place for students with known allergies (within the classroom, in the playground, excursions and incursions)? | Yes  No | *Consider* [*Examples of risk minimisation strategies for schools*](https://allergyaware.org.au/schools) |
| **Siren with solid fillEMERGENCY RESPONSE PLAN** | | |
| * Do you have an anaphylaxis emergency response plan? | Yes  No | *An anaphylaxis emergency response plan identifies staff roles and responsibilities in an anaphylaxis emergency* |
| * Does the emergency response plan:   + Follow the ASCIA First Aid Plan for Anaphylaxis?   + Include staff roles and responsibilities in an anaphylaxis emergency?   + Include the procedure for raising the alarm?   + Include the location and accessibility of adrenaline injectors (prescribed and general use)? | Yes  No  Yes  No  Yes  No  Yes  No |  |
| * Is the emergency response plan practised at least once a year? | Yes  No | *e.g. Like you would practise a fire drill*  *It is recommended that the emergency response plan is practised at least once a year* |
| * Do you have an anaphylaxis emergency response plan for off-site activities? | Yes  No | *Develop separate emergency response plans for any off-site activities such as camps and excursions* |
| **Tent with solid fillRISK MANAGEMENT FOR CAMPS AND OTHER OFF-SITE ACTIVITIES** | | |
| * Do you have a specific anaphylaxis risk management plan that needs to be completed for each off-site activity that includes: * Food provision * Policy regarding taking food/sharing food * Medication management * Communication strategy (internal and with parents) * Mobile phone connectivity or coverage * Access to ambulance services/medical care * Staff education and training * Management of prescribed adrenaline injectors, including checks for expiry dates * Number of general use adrenaline injectors * Type of activities undertaken on the camp/excursion * Emergency response | Yes  No  Yes  No  Yes  No  Yes  No  Yes  No  Yes  No  Yes  No  Yes  No  Yes  No  Yes  No  Yes  No |  |
| * Do you have a documented process for communicating with the camp/excursion site about allergies? | Yes  No |  |
| * Do you encourage communication between parents and the camp/excursion site caterers? | Yes  No |  |
| **Chat with solid fillCOMMUNICATION PLAN** | | |
| * Do you have a communication plan regarding anaphylaxis management? How does the school communicate with:   + Staff (full time and part time)   + Casual and relief staff   + Volunteers   + Students (where appropriate)   + Parents of students with allergies   + The broader school community | Yes  No  Yes  No  Yes  No  Yes  No  Yes  No  Yes  No | *See* [*Sample letter to parents*](https://allergyaware.org.au/schools) |
| **Address Book with solid fillALLERGY DOCUMENTATION (IDENTIFYING STUDENTS AT RISK OF ANAPHYLAXIS)** | | |
| * Type of allergies (food, insect, medication and latex) in each class? |  | *e.g. Obtain information about student’s known allergies on enrolment, diagnosis and as needs change*  *e.g. Outline the process for communicating changes in a student’s allergies*  *NB: Schools should also identify staff at risk of anaphylaxis on employment* |
| * Do all students with known allergies have current red/green ASCIA Action Plans (reviewed and renewed by a doctor or nurse practitioner in the past 12-18 months)? Include the number of students enrolled in the school with an:   + ASCIA Action Plan for Anaphylaxis (red)   + ASCIA Action Plan for Allergic Reactions (green)   + ASCIA Action Plan for Drug (medication) Allergies | Yes  No  Number:  Number:  Number: | *e.g. Audit all ASCIA Action Plans* |
| * How many students have a red (anaphylaxis) or green (allergic reactions) ASCIA Action Plan in each year group? | Year group: Number:  Year group:  Number: |  |
| * Are individualised anaphylaxis care plans completed at the start of each year or when the school is informed about the student’s allergy?   + Do all students with known allergies have an individualised anaphylaxis care plan completed in consultation with their parent?   + Are they signed off by the student’s parent?   + Is a copy of the student’s ASCIA Action Plan attached to the individualised anaphylaxis care plan? | Yes  No  Yes  No  Yes  No  Yes  No | *e.g. Complete individualised anaphylaxis care plan on enrolment in consultation with parents*  *See* [*Individualised anaphylaxis care plan template for schools*](https://allergyaware.org.au/schools) |
| * Do staff have access to the individualised anaphylaxis care plans? | Yes  No |  |
| **Needle with solid fillPRESCRIBED AND GENERAL USE ADRENALINE INJECTORS** | | |
| * Do all students with an ASCIA Action Plan for Anaphylaxis (red) have an adrenaline injector easily accessible to staff? | Yes  No | [*See ASCIA Action Plan FAQ*](https://www.allergy.org.au/hp/anaphylaxis/action-plans-for-allergic-reactions-faq) |
| * Do all students have an ASCIA Action Plan stored with their prescribed adrenaline injector? | Yes  No |  |
| * Do all staff know where prescribed adrenaline injectors and individual ASCIA Action Plans are kept? | Yes  No | *e.g. Incorporated into the emergency response plan and staff communications* |
| * Are older students (e.g. upper primary school and high school students) allowed to carry their own adrenaline injector device? * If so, do you stipulate that they must have a copy of their ASCIA Action Plan with the device? * Do you have a process for checking they have their device with them? | Yes  No  Yes  No  Yes  No |  |
| * Do you have a process for checking expiry dates of prescribed adrenaline injectors? | Yes  No | *e.g. Adrenaline injectors are checked at the start of each term and parents are notified if the device is due to expire*  *see* [*ASCIA adrenaline injector storage, expiry and disposal*](https://allergy.org.au/hp/anaphylaxis/adrenaline-autoinjector-storage-expiry-and-disposal) |
| * Do you have a process for documenting when staff take the prescribed adrenaline injectors off-site and returned? | Yes  No | *e.g. Develop a register to sign adrenaline injector devices in and out* |
| * If prescribed adrenaline injector devices are provided to the school, is there a process for parents signing them in and out (e.g. taken home over the holidays)? | Yes  No | *e.g. Develop a register to sign adrenaline injector devices in and out* |
| * Does your school have at least one general use adrenaline injector? | Yes  No |  |
| * How has the number of general use adrenaline injectors been determined? |  |  |
| * What brand of adrenaline injector is/are the general use injector/s? | EpiPen®  Anapen® |  |
| * Are general use adrenaline injectors stored with a copy of the ASCIA First Aid Plan for Anaphylaxis appropriate for the device?   (i.e. an Anapen® First Aid Plan stored with an Anapen® device) | Yes  No |  |
| * Are general use adrenaline injector devices expiry dates checked each term? | Yes  No |  |
| * Where are general use adrenaline injectors stored and why was this location chosen? |  |  |
| * Are staff informed about the location of the general use adrenaline injector/s? | Yes  No |  |
| * Do all staff have easy access (unlocked location) to the general use adrenaline injectors? | Yes  No |  |
| * Are general use adrenaline injectors stored out of reach of young children and away from direct sunlight and heat? | ☐ Yes ☐ No | *see* [*ASCIA adrenaline injector storage, expiry and disposal*](https://allergy.org.au/hp/anaphylaxis/adrenaline-autoinjector-storage-expiry-and-disposal) |
| * Do you have a process for determining if the general use device(s) should be taken off-site? * Where is this process documented? | Yes  No |  |
| * When general use or prescribed adrenaline injectors are taken off-site, are they protected from direct sunlight and heat? | Yes  No |  |
| **Teacher with solid fillSTAFF TRAINING** | | |
| * Have staff (including casual and relief staff) completed anaphylaxis management training within the last two years? | Yes  No |  |
| * Is a staff training register kept? | Yes  No | *A staff training register includes the name of the staff member, the date they completed the training, the course they completed and the name of the training provider* |
| * What training course are staff recommended to undertake? |  | [*ASCIA anaphylaxis e-training for Schools*](https://etraining.allergy.org.au) *is recommended* |
| * Have staff undertaken anaphylaxis refresher training (including hands on practise with adrenaline injector trainer devices) in the last 6 months? | Yes  No | [*ASCIA anaphylaxis refresher e-training*](https://etraining.allergy.org.au/course/index.php?categoryid=3) *is recommended* |
| * Is anaphylaxis refresher training documented in the training register? | Yes  No |  |
| * Where are the adrenaline injector trainer devices for staff to practise with, stored?   + Are they stored separate to the real adrenaline injector devices containing adrenaline and labelled ‘Trainer device only’? | Yes  No |  |
| * Have any of your staff expressed concerns about their ability to respond appropriately to an anaphylaxis emergency including willingness to administer an adrenaline injector? * If yes, what measures are in place to reduce this risk? | Yes  No |  |
| * Have all staff responsible for preparing and serving food (e.g. canteen managers, food technology staff, boarding school chefs/cooks) completed the National Allergy Council All about Allergens for Schools online training in the last two years? | Yes  No | [*All about Allergens for Schools*](http://www.foodallergytraining.org.au) *online training is recommended* |
| * Is food allergen management training documented in the staff training register? | Yes  No |  |
| **Classroom with solid fillCOMMUNITY AND PEER EDUCATION** | | |
| * Do you communicate with the school community about allergy and anaphylaxis?   + How do you communicate with the school community? | Yes  No | *e.g. Communication at least twice a year including the start of the year via school newsletter* |
| * Do you support students with food allergies through age-appropriate peer education programs?   + How is this coordinated?   + When does this happen? | Yes  No | *e.g.* [*Allergy & Anaphylaxis Australia curriculum resources*](https://allergyfacts.org.au/allergy-management/schooling-childcare/school-resources) *and* [*250K teen website*](https://teen.250k.org.au/) |
| **Checklist with solid fillPOST INCIDENT MANAGEMENT AND INCIDENT REPORTING** | | |
| * Do you have a post-incident process in place that includes:   + Replacement of used adrenaline injectors as soon as possible?   + Development of an interim plan while waiting for replacement of used adrenaline injector?   + Debriefing session to identify if additional risk minimisation strategies are required and review of individualised anaphylaxis care plan?   + Review of emergency response plan?   + Access to post-incident counselling services for staff and students? | Yes  No  Yes  No  Yes  No  Yes  No  Yes  No | *e.g. Include links to reporting requirements/support resources* |
| * Who is responsible for reporting anaphylaxis incidents? |  | *An* [*Anaphylaxis incident reporting template*](https://allergyaware.org.au/schools) *for schools is available* |

Date of completion:

Name and signature of staff completing this Risk Management Plan:

Date of next review: